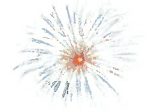
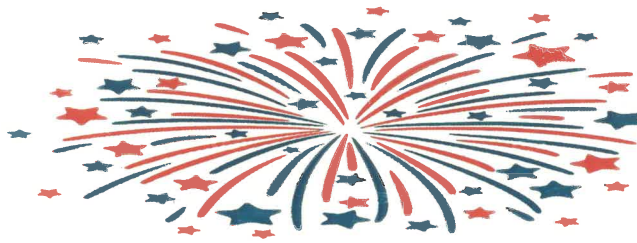
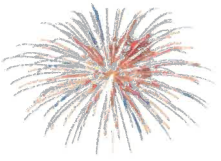


# Lewiston Senior Center

4361 Lower River Road  
Youngstown, New York 14174  
(716)754-2071  
molick@townoflewiston.us



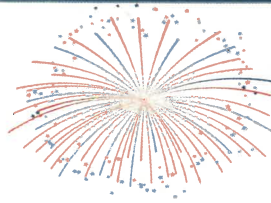
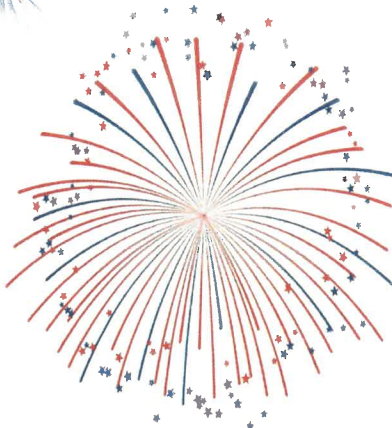
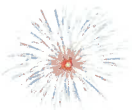
July 2025  
Volume 5, Issue 11  
lewistonseniorcenter.com



## July Newsletter

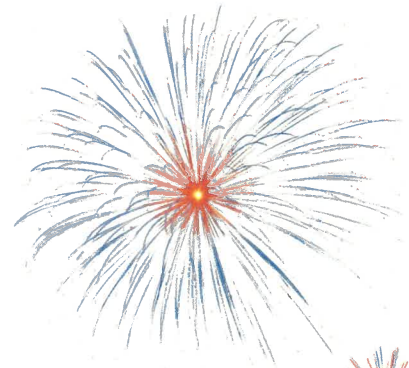
HAPPY

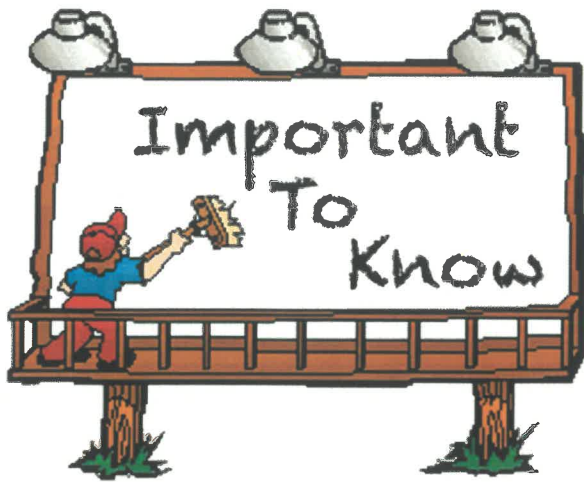
FOURTH OF JULY



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If you and your group use the Senior Center for an activity and you decide to cancel or change your day and/or time, please let me know in advance of this change or cancellation. Other activities may be taking place at your designated time and

day. In the event you decide to come on another day someone else may be using the building in your place! This is very busy place with lots of things going on and I need to keep all of my Ducks in a row!

Thank you!

Melinda



## Lunch Information:

Remember to please sign up for lunch by Tuesday the week before you would like to attend. Thank you!

If you would like to reach Clara at the Senior Center

Please call 754-2071 extension 395

The Senior Center will be closed and no meals will be served on Friday, July 4th in

Observance of Independence Day!

Our 4th of July Summer Fun Meal will be served on Wednesday, July 2nd our delicious menu will include a Hot Dog on Roll, Baked Beans, Confetti Corn and Strawberry Shortcake

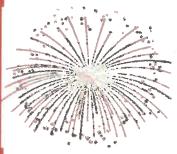
As always remember if you would like transportation for the lunch program provided by the Senior Van please let the office know so we can put you on the schedule.

Thank you!



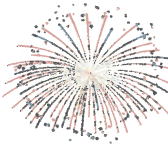


## Center Happenings!



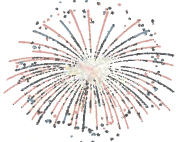
**Scrabble Every Friday**

**10:00AM-11:30?**



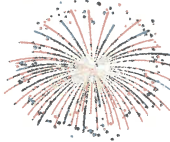
**Tuesday, July 1st 11:00-12:30**

**Independent Living of Niagara County**



**Thursday, July 10th and July 24th**

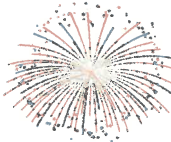
**1:00PM Grief Support Group**



**Friday, July 11th 12:00PM**

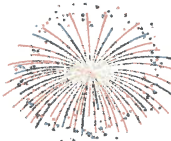
**Bar room Buzzards Concert**

**Live Music!**



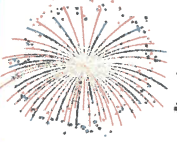
**Tuesday, July 15th at 1:30PM**

**Book Club *The Thursday Murder Club***



**Friday, July 18th at 1:00PM**

**Flower Arranging**



**Friday, July 25th at 12:00PM**

**Music with Mike and the Kids!**



**Tuesday, July 29th at 10:30AM**

**Emergency Preparedness  
Presentation**



**Frozen Treat Friday's**

**Remember to Wear Your**



**Thinking Cap for Super Fun Trivia  
Every Friday!**



### THE TOWN OF LEWISTON SENIOR CENTER

Will be open 8:00am-4:00pm  
Monday –Friday. It maintains  
an open-door policy creating a  
pleasant and healthy environ-  
ment for Senior Citizens. The  
caring staff is dedicated to the  
well being of those who par-  
ticipate in the many programs  
and services offered.

Please check the calendar to  
see what events and activities  
we have planned this month.

We attempt to keep our news-  
letter information as up-dated  
as possible but occasionally  
changes do happen after pub-  
lication. Check our website  
for updated information:

[lewistonseniorcenter.com](http://lewistonseniorcenter.com)

You do not need to be a mem-  
ber of the Senior Club to par-  
ticipate in any of the pro-  
grams offered at the Center!

The Niagara County Office for  
the Aging Attorney is available  
at the Center for Legal Ser-  
vices the first Tuesday of eve-  
ry month from 11:00am-  
12:00pm. Please call the cen-  
ter to schedule an appoint-  
ment or for more infor-  
mation.

If you any questions or com-  
ments please feel free to con-  
tact the Senior Center.

(716)754-2071

Thank You!



## TOWN OF LEWISTON SENIOR CENTER CAREVAN

Transportation is provided for residents who would like to attend activities at the center and for medical appointments. However, donations are greatly appreciated but no Senior will be denied service due to an inability to pay. The Senior Van is in operation Monday through Friday from 8:30AM-3:00 PM. Arrangements must be made 24 hours in advance. Senior Van funding provided by the Town of Lewiston and the Niagara County Office for the Aging.

**Who may use the Senior Van:** The Senior Van may be used by Seniors 60 years or older, residing in the geographic limits of the Town of Lewiston. We do NOT have a wheel chair van. If you require ANY assistance, due to liability restrictions, you must have someone accompany you to provide the required assistance.

**Service Priorities:** Every van rider is important to us, Medical needs will be the first priority for service. Seniors requiring hospital or doctors care will be scheduled prior to any other need. In order to accommodate as many people as possible, you may have to be picked up earlier than you think necessary if there is more than one appointment scheduled for the same time. **YOU MAY HAVE TO WAIT TO BE PICKED UP** for your trip home.

Due to increased demand of our Van Service, the Senior Van will provide transportation for Shopping, Banking, and Hair Appointments as van availability allows. Please call the center for more information. This service is limited to the Village of Lewiston.

**Client Location Conditions:** Clients are expected to keep driveways clear of any obstacles (low hanging tree branches, ice/snow, and any other obstruction). If your location is determined by the driver to be impassable or hazardous, arrangement will be made to pick you up at another location.

**Donations for Service:** Travel within the Town of Lewiston will be at the rate of 50 cents per one trip and \$1.00 round trip. Travel outside of the Town of Lewiston will be at the following rates:

**Summit Mall Medical \$4.00**

**Niagara Falls \$4.00**

**Youngstown \$ 3.00**



**No Senior will be denied service due to an inability to pay.**

**The Van Drivers would like to remind you to “Buckle-Up” when you ride in the van.**



# ARTPARK BRIDGES

CONNECT EMPOWER CREATE



**Listen, hum, clap, laugh!**

Artpark Artist in Residence Anthony Hyatt

Artpark Bridges director Cynthia Pegado

bring the joy of Artpark right to you!

## **ARTPARK BRIDGES INTERACTIVE CONCERT**

**“The Call of Beauty”**

July 17, 12:30-1:30 at Lewiston Senior Center



**Homeland Security  
and Emergency Services**  
Citizen Preparedness Corps

# SIGN UP FOR A FREE CLASS TO LEARN ABOUT PREPARING FOR EMERGENCIES

With severe weather events becoming more frequent and more extreme, it is more important than ever that New Yorkers are prepared for disasters. **The NY Citizen Preparedness Training Program** teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible to normal conditions. This training course will provide an introduction to responding to a natural or man-made disaster. Participants will be advised on how to properly prepare for any disaster, including developing a family emergency plan and stocking up on emergency supplies. Each family that attends will receive one preparedness kit.

**WHERE:** Lewiston Senior Center  
4361 Lower River Road  
Youngstown NY, 14174

**WHEN:** Tuesday, July 29, 2025  
10:30AM

## REGISTER:

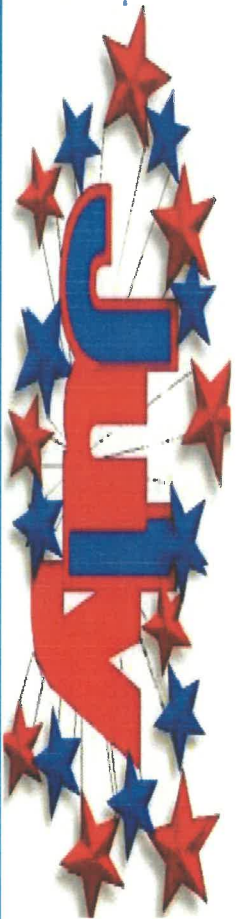
*Registration is required  
to attend the event.*  
To register visit  
[www.prepare.ny.gov](http://www.prepare.ny.gov) or  
scan the QR code





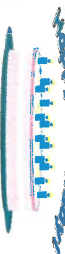













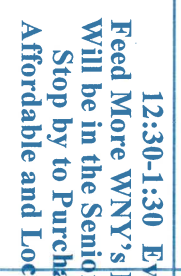



**THIS EVENT IS BROUGHT TO YOU BY  
GOVERNOR HOCHUL IN CONJUNCTION WITH:**



and Lewiston Senior Center



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Lunch Program</b> Monday-Friday 11:00AM-12:30PM</p>		<p><b>1</b> 9:30 Band Ex 12:30 Senior Club 12:30 Euchre 1PM Bridge 1PM Tech 101</p>	<p><b>2</b> 9:30 Silver Sneakers 4th of July Lunch <b>NO BINGO TODAY!</b></p> 	<p><b>3</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/Kathy</p>	<p><b>4</b> Center Closed</p> 	<p><b>5</b> <b>TRIVIA</b> Every Friday!</p> 
<p><b>6</b> Birthday's Are celebrated the first Tuesday of each Month</p> 	<p><b>7</b> 9:30 Chair Yoga 10:45 Card Making 1:00 Pinochle 1-3:00PM Art</p>	<p><b>8</b> 9:30 Band Ex NCOFA Lawyer 10:30 B/P Screening 12:30 Speaker 12:30 Euchre</p> 	<p><b>9</b> 9:30 Silver Sneakers 12:30 BINGO! 12-3:00 Mahjongg</p> 	<p><b>10</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/Kathy 1PM Grief Support Group</p>	<p><b>11</b> 9AM Quilters 9:30AM Chair Yoga 12:00-3:00Bridge 12PM Concert Bar Room Buzzards</p>	<p><b>12</b> Frozen Treat Friday's!</p> 
<p><b>13</b></p>	<p><b>14</b> 9:30 Chair Yoga 10:45 Card Making 1:00 Pinochle 1-3:00PM Art</p>	<p><b>15</b> 9:30 Band Ex 10:30 B/P Screening 12:30 Euchre 1:30 Book Group 6:30-8:30 PM Woodcarvers</p>	<p><b>16</b> 9:30AM Silver Sneakers 12:30 BINGO! 12-3:00 Mahjongg</p>	<p><b>17</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/ Kathy 12:30 Artpark Program</p>	<p><b>18</b> 9AM Quilters 9:30AM Chair Yoga 12-3:00 Bridge 1PM Flower Arranging</p> 	<p><b>19</b></p> 
<p><b>20</b></p> 	<p><b>21</b> 9:30 Chair Yoga 10:45 Card Making 1:00 Pinochle 1-3:00PM Art</p>	<p><b>22</b> 9:30 Band Ex 12:30 Euchre 12:30 Travel Club</p>	<p><b>23</b> 9:30AM Silver Sneakers 12:30 BINGO! 12-3:00 Mahjongg</p>	<p><b>24</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/ Kathy 1PM Grief Support Group</p>	<p><b>25</b> 9AM Quilters 9:30AM Chair Yoga 12:00 Bridge 12:00 Music w/Mike and the Kids!</p>	<p><b>26</b></p> 
<p><b>27</b></p> 	<p><b>28</b> 9:30 Chair Yoga 9-12 Jeff Lewis BC/BS NO Card Making 1:00 Pinochle 1-3:00PM Art</p>	<p><b>29</b> 9:30 Band Ex 10:30 Emergency Preparedness 12:30 Euchre</p>	<p><b>30</b> 9:30AM Silver Sneakers 12:30 BINGO! 12-3:00 Mahjongg</p>	<p><b>31</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/Kathy</p>	<p><b>Scrabble</b> Every Friday 10:00AM</p> 	
 k16672127 fotosearch.com				<p>12:30-1:30 Every Wednesday Feed More WNY's Mobile Farm Market Will be in the Senior Center Parking Lot Stop by to Purchase Fresh, Healthy, Affordable and Locally Grown Produce!</p>		



## July Weekly Activities



<b>Monday</b>	<b>9:30AM</b>	<b>Chair Yoga</b>
	<b>10:45</b>	<b>Card Making Class</b> (No Class July 28th)
	<b>1:00PM</b>	<b>Afternoon Art</b>
	<b>1:00PM</b>	<b>Pinochle</b> (Looking for new players 😊!)
	<b>9-12:00</b>	<b>Jeff Lewis BC/BS</b> (The 4 <sup>th</sup> Monday of each Month)
<b>Tuesday</b>	<b>9:30AM</b>	<b>Resistance Band Exercise</b>
	<b>10:30AM</b>	<b>B/P with Joyce</b> (2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday of each Month)
	<b>11-12:30</b>	<b>Lawyer NCOFA</b> (1 <sup>st</sup> Tuesday of Each Month)
	<b>12:30PM</b>	<b>Senior Club</b> (1 <sup>st</sup> Tuesday) <b>Travel Club</b> (4 <sup>th</sup> Tuesday)
	<b>12:00PM</b>	<b>Bridge</b> (1 <sup>st</sup> Tuesday of Each Month Only)
	<b>12:30PM</b>	<b>Euchre</b>
	<b>1:30PM</b>	<b>Book Club</b> (3 <sup>rd</sup> Tuesday of Each Month)
	<b>1:30PM</b>	<b>Technology 101</b> (1 <sup>st</sup> Tuesday of Each Month)
	<b>6:30PM</b>	<b>Wood Carvers</b> (6:30-8:30PM 3 <sup>rd</sup> Tuesday of each Month!)
<b>Wednesday</b>	<b>9:30AM</b>	<b>Silver Sneakers</b>
	<b>10:30AM</b>	<b>Larks</b>
	<b>1:00PM</b>	<b>BINGO</b>
	<b>12:00PM</b>	<b>Mahjongg</b> (Looking for new players 😊!)
<b>Thursday</b>	<b>8:30AM</b>	<b>Mahjongg</b> (Looking for new players 😊!)
	<b>9:00AM</b>	<b>Wood Carvers</b> (6:30-8:30PM 3 <sup>rd</sup> Tuesday of each Month!)
	<b>1:00PM</b>	<b>Exercise with Kathy</b>
	<b>1-3:00PM</b>	<b>Grief Support</b> (2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday of each Month)
<b>Friday</b>	<b>9:00AM</b>	<b>Quilters, Knitters, and Crochet</b>
	<b>9:30AM</b>	<b>Chair Yoga</b>
	<b>10:00AM</b>	<b>Scrabble</b>
	<b>12:00PM</b>	<b>Trivia</b>
	<b>12-3:00PM</b>	<b>Bridge</b> (Looking for players 😊!)